



Information about the subject

Degree: Bachelor of Sciences of Physical Activity and Sport

Faculty: Faculty of Physical Activity and Sport Sciences

Code: 280216 **Name:** Team Sports

Credits: 6,00 **ECTS Year:** 2 **Semester:** 2

Module: 2) Obligatory Formation module

Subject Matter: Sports Fundamentals **Type:** Compulsory

Field of knowledge: Health Sciences

Department: Physical-Sports Disciplines and Activities

Type of learning: Classroom-based learning

Languages in which it is taught: Spanish

Lecturer/-s:

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Module organization

2) Obligatory Formation module

Subject Matter	ECTS	Subject	ECTS	Year/semester
Manifestations of human motor skills	18,00	Body Language	6,00	1/1
		Perceptual Motor Skills	6,00	1/2
		Physical Activity in Nature	6,00	2/2
Sports Fundamentals	42,00	Adapted Sport and Inclusive Physical Activity	6,00	2/2
		Adversary Sports	6,00	2/1
		Individual Sports	6,00	2/1
		Motor Learning and Development	6,00	1/1
		Native Sports and Games	6,00	1/2
		Team Sports	6,00	2/2
		Training Theory and Practice in PA	6,00	2/2



Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

- R1 Describe the internal logic of various team sports through the analysis of their formal and functional structures.
- R2 Prioritize and practically describe the elements that constitute different team sports structures (coordination, cognition, conditioning, socio-affective, and emotional-volitional) based on age, levels, and contexts.
- R3 Design and apply tasks, sessions, and programs to develop the specific capacities and skills inherent to team sports, using appropriate teaching-learning methodologies for different ages, levels, and contexts.
- R4 Identify and analyze the acquisition level of technical-tactical performance factors in team sports across different ages, levels, and contexts.
- R5 Utilize new technologies to optimize teaching-learning processes and performance assessment in team sports.

Competencies

Depending on the learning outcomes, the competencies to which the subject contributes are (please score from 1 to 4, being 4 the highest score):

Weighting				
1	2	3	4	



Assessment system for the acquisition of competencies and grading system

Assessed learning outcomes	Granted percentage	Assessment method
R1, R2, R3, R4, R5	40,00%	Written and/or practical tests.
R1, R2, R3, R4, R5	35,00%	Individual or Group Work / Project.
R3, R4, R5	10,00%	Exercises and Practices in the Classroom.
R1, R2, R3, R4, R5	15,00%	Oral tests or presentation.

Observations

- The student may keep the evaluation instruments passed during the 3 years following the first registration as long as he/she has obtained the minimum percentage of attendance required by this document (80% of practical sessions and 70% of the total number of sessions).
- It is necessary to obtain a 50% in the following evaluation instruments to pass the course:
Individual or Group Work/Project
Written and/or practical tests
Oral tests or exposition
- According to article 4.2. of the Guidelines for Evaluation at UCV, the limit of absences that may be due to eventualities (medical consultation, bureaucratic procedures...) that do not have to be justified, is 30%.
- Attendance to all practical sessions indicated in the schedule is compulsory. Additionally for this subject, in case of not attending 80% of these, the student will fail the two calls of the course, having to recover them in the following enrollment.
- In case of not complying with any of these criteria, the student will be graded with a maximum of 4.5.

SPECIFICATIONS OF THE EVALUATION INSTRUMENTS

Individual/group work/project

This evaluation instrument is divided into two parts:

1. Group work (25%): realization and delivery of a work on the technical - tactical analysis of a match, of an assigned collective sport. Division of the value of the work: written document (12.50%) and technical-tactical analysis (12.50%), carried out by using a scouting software, for example, Longomach, etc.
2. Session planning (10%): realization and delivery of a teaching-learning session of an assigned team sport.

Written and/or practical tests



The exam consists of a single final test on the dates of the official convocation and consists of three parts:

Type test: 3-4 answer options. The standard penalty system will be 1 wrong subtract 50%-33.3% respectively.

Short questions: they do not subtract if they are wrongly answered.

Development questions: they must be completely well answered in order to obtain a score from them.

Exercises and practices in the classroom

Participation in the dynamics of the course through open tasks/questionnaires on the platform, on different topics of the course.

Only will be evaluated the evidences or works of those students who attend the session in which they are raised.

Oral tests or exposition

This evaluation instrument is divided into two parts:

Oral presentation of the rules of the game, technical and tactical aspects, etc. of the assigned group sport (10%). Exposition of the group work on the technical-tactical analysis of a match of the assigned collective sport (5%).

The detailed explanation (procedure of the tasks) as well as the evaluation instruments (cards or rubrics) of each section will be published in the platform of each group at the student's disposal.

Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

- | | |
|----|---|
| M1 | Attendance at practices. |
| M2 | Resolution of problems and cases. |
| M3 | Discussion in small groups. |
| M4 | Practical laboratories. |
| M5 | Presentation of content by the teacher. |
| M6 | Practical lesson. |
| M7 | Group dynamics and activities. |



IN-CLASS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
THEORETICAL CLASS: Presentation of contents by the teacher. Competency analysis. Demonstration of capabilities, skills and knowledge in the classroom. M5	R2, R3, R4	17,50	0,70
PRACTICAL CLASS / SEMINAR: Group dynamics and activities. Resolution of problems and cases. Practical laboratories. Data search, computer classroom, library, etc. Meaningful construction of knowledge through student interaction and activity. M3, M4, M6, M7	R3, R4, R5	36,50	1,46
EVALUATION: Set of oral and/or written tests used in the evaluation of the student, including the oral presentation of the final degree project. M6, M7	R1, R2, R3, R4, R5	4,00	0,16
TUTORING: Supervision of learning, evolution. Discussion in small groups. Resolution of problems and cases. Presentation of results before the teacher. Presentation of diagrams and indexes of the proposed works. M5	R4, R5	2,00	0,08
TOTAL		60,00	2,40



LEARNING ACTIVITIES OF AUTONOMOUS WORK

	LEARNING OUTCOMES	HOURS	ECTS
GROUP WORK: Problem solving. Preparation of exercises, memoirs, to present or deliver in classes and/or in tutoring. M6, M7	R2, R3, R4, R5	30,00	1,20
SELF-EMPLOYED WORK: Study, Individual preparation of exercises, assignments, reports, to present or deliver in classes and/or in tutoring. Activities in platform or other virtual spaces. M6	R1, R2, R3, R4, R5	60,00	2,40
TOTAL		90,00	3,60

Description of the contents

Description of the necessary contents to acquire the learning outcomes.

Theoretical contents:

Content block	Contents
BLOCK 1	Definitions and taxonomy of team sports
BLOCK 2	Structural analysis of collective sports
BLOCK 3	Didactics of the teaching-training of collective sports
BLOCK 4	Technical fundamentals of collective sports
BLOCK 5	Tactical fundamentals of collective sports
BLOCK 6	Strategic fundamentals of collective sports



Temporary organization of learning:

Block of content	Number of sessions	Hours
BLOCK 1	1,00	2,00
BLOCK 2	2,00	4,00
BLOCK 3	7,00	14,00
BLOCK 4	7,00	14,00
BLOCK 5	7,00	14,00
BLOCK 6	6,00	12,00



References

BASIC REFERENCES:

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Course guide

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