



Information about the course

Degree: Bachelor of Sciences of Physical Activity and Sport

Faculty: Faculty of Physical Activity and Sport Sciences

Code: 280102 **Name:** Body Language

Credits: 6,00 ECTS **Year:** 1 **Semester:** 1

Module: 2) Obligatory Formation module

Subject Matter: Manifestations of human motor skills **Type:** Obligatoria

Branch of knowledge: Health Sciences

Department: -

Type of learning: Classroom-based learning

Language/-s in which it is given: Spanish

Teachers:

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Module organization

2) Obligatory Formation module

Subject Matter	ECTS	Subject	ECTS	Year/semester
Manifestations of human motor skills	18	Body Language	6	1/1
		Perceptual Motor Skills	6	1/2
		Physical Activity in Nature	6	2/2
Sports Fundamentals	42	Adapted Sport and Inclusive Physical Activity	6	2/2
		Adversary Sports	6	2/1
		Individual Sports	6	2/1
		Motor Learning and Development	6	1/1
		Native Sports and Games	6	1/2
		Team Sports	6	2/2
		Training Theory and Practice in PA	6	2/2



Learning outcomes

Al finalizar la asignatura, el estudiante deberá demostrar haber adquirido los siguientes resultados de aprendizaje:

R6 - Design, adapt, implement, and evaluate planning and programming processes for expressive activities across different ages and contexts, addressing diversity.

Learning outcomes of the specified title

Type of AR: Habilidades o Destrezas

- Adapt the educational intervention to the individual characteristics and needs for the entire population and with emphasis on special populations such as: schoolchildren, older people (seniors), people with reduced mobility and people with pathologies, health problems or assimilated (diagnosed and/or prescribed by a doctor), taking into account gender and diversity.
- Communicate and interact appropriately and efficiently, in physical and sports activity, in diverse intervention contexts, demonstrating teaching skills in a conscious, natural and continuous way.
- Understand, develop and know how to apply the procedures, strategies, activities, resources, techniques and methods that intervene in the teaching-learning process efficiently, developing the entire course of action in all sectors of professional intervention of physical activity and sport (formal and informal physical-sports teaching; physical and sports training; physical exercise for health; direction of physical activity and sports).

R7 - Create and represent expressive bodily activities in a creative manner.

Learning outcomes of the specified title

Type of AR: Habilidades o Destrezas

- Adapt the educational intervention to the individual characteristics and needs for the entire population and with emphasis on special populations such as: schoolchildren, older people (seniors), people with reduced mobility and people with pathologies, health problems or assimilated (diagnosed and/or prescribed by a doctor), taking into account gender and diversity.
- Communicate and interact appropriately and efficiently, in physical and sports activity, in diverse intervention contexts, demonstrating teaching skills in a conscious, natural and continuous way.



- Understand, develop and know how to apply the procedures, strategies, activities, resources, techniques and methods that intervene in the teaching-learning process efficiently, developing the entire course of action in all sectors of professional intervention of physical activity and sport (formal and informal physical-sports teaching; physical and sports training; physical exercise for health; direction of physical activity and sports).

R8 - Experiment, contrast, and manage resources related to different movement manifestations.

Learning outcomes of the specified title

Type of AR: Habilidades o Destrezas

- Adapt the educational intervention to the individual characteristics and needs for the entire population and with emphasis on special populations such as: schoolchildren, older people (seniors), people with reduced mobility and people with pathologies, health problems or assimilated (diagnosed and/or prescribed by a doctor), taking into account gender and diversity.
- Communicate and interact appropriately and efficiently, in physical and sports activity, in diverse intervention contexts, demonstrating teaching skills in a conscious, natural and continuous way.
- Understand, develop and know how to apply the procedures, strategies, activities, resources, techniques and methods that intervene in the teaching-learning process efficiently, developing the entire course of action in all sectors of professional intervention of physical activity and sport (formal and informal physical-sports teaching; physical and sports training; physical exercise for health; direction of physical activity and sports).



Assessment system

Modalidad presencial

Assessed learning outcomes	Granted percentage	Assessment tool
R6, R7	20,00%	Written and/or practical tests.
R6, R7, R8	30,00%	Individual or Group Work / Project.
R8	50,00%	Oral tests or presentation.

Observations

Students may keep the assessment instruments they have passed for three years after their first registration.

A 50% grade on all assessment instruments is required to pass the course, including the midterm grades. Failure to meet this criterion will result in a maximum grade of 4.5.

Attendance at all practical sessions indicated in the schedule is mandatory. Failure to attend 80% of these will result in the student failing both sessions of the course and having to make up the exams during the following registration period.

This course is NOT eligible for a single assessment, pursuant to Article 10.3 of the GENERAL REGULATIONS FOR THE EVALUATION AND GRADING OF OFFICIAL COURSES AND DEGREES OF THE UCV.

OTHER CLARIFICATIONS

Written/oral and/or practical tests

Single final exam. Multiple-choice multiple-choice questions (15-25 questions) with standard penalty system* and 1-5 short essay questions.

Oral tests or presentations.

Presentations and performances of various in-person activities.

Individual or Group Work/Project.



Completion and submission of group assignments. If only one student is enrolled in a failing group, they must contact the instructor to make the appropriate adjustments.

Detailed explanations (assignment procedures) as well as assessment tools (sheets or rubrics) for each section will be posted on each group's platform for the student's use.

***Standard Penalty System**

No options = No subtractions

2 options = 1 incorrect subtracts 100%

3 options = 1 incorrect subtracts 50%

4 options = 1 incorrect subtracts 33.3%

5 options = 1 incorrect subtracts 25%

6 options = 1 incorrect subtracts 20%



Use of Artificial Intelligence Tools in the CAFD Degree Program

Use of Artificial Intelligence tools in the CAFD degree program In the Bachelor's Degree in Physical Activity and Sports Sciences (CAFD), the use of Artificial Intelligence (AI) tools is permitted in a complementary and responsible manner, as long as it contributes to active learning, the development of critical thinking, and the improvement of students' professional skills. Under no circumstances should AI replace personal effort, direct practice, or independent reflection, which are fundamental pillars of this degree program.

Permitted Uses of AI:

- Obtaining alternative explanations of theoretical or methodological concepts.
- Generating outlines, concept maps, or summaries to support study.
- Simulating interviews, questionnaires, or training sessions as part of methodological or research practices.
- Receiving feedback on report writing, provided that the original content is the student's own.
- Supporting the search for bibliography or scientific references, always contrasting with reliable and real academic sources, and respecting the CAFD regulations for the presentation of university work.

Prohibited Uses of AI:

- Writing complete sections of academic papers, classroom exercises and practices, internship reports, journals, or portfolios, as well as the Final Degree Project.
- Formulating hypotheses, objectives, or conclusions for academic work.
- Replacing qualitative or quantitative data analysis with automated tools without human validation.
- Creating videos, presentations, or avatars with AI as a substitute for the student's oral or practical presentation.
- Obtaining automatic answers to tests, rubrics, or assessable activities through the use of AI.

Citation and Attribution Guidelines:

- Any use of AI tools must be explicitly acknowledged in the submitted document (e.g., in a footnote or appendix).
- The name of the tool, the purpose of use (e.g., grammatical review, organization of ideas, interview simulation), and where it was used in the work must be indicated.
- Responsible use of AI will be evaluated within the framework of originality, academic honesty, and digital competence.

Additional recommendations:

Students are encouraged to combine the use of AI with traditional methods (manual problem solving, practical session design, direct observation, etc.) to ensure the comprehensive development of their skills.



If there are any doubts about the permitted use of AI in a specific activity, students should consult the faculty responsible for the course.

Actividades formativas

The methodologies to be used so that the students reach the expected learning outcomes will be the following:

- M2 Resolution of problems and cases.
- M3 Discussion in small groups.
- M4 Practical laboratories.
- M5 Presentation of content by the teacher.
- M6 Practical lesson.
- M7 Group dynamics and activities.

IN-CLASS TRAINING ACTIVITIES

ACTIVITY	RELATIONSHIP WITH THE COURSE LEARNING OUTCOMES	METHODOLOGY	HOURS	ECTS
THEORETICAL CLASS: Presentation of contents by the teacher. Competency analysis. Demonstration of capabilities, skills and knowledge in the classroom.	R6, R8	Resolution of problems and cases. Presentation of content by the teacher.	7,00	0,28



PRACTICAL CLASS / SEMINAR: Group dynamics and activities. Resolution of problems and cases. Practical laboratories. Data search, computer classroom, library, etc. Meaningful construction of knowledge through student interaction and activity.	R6, R7, R8	Resolution of problems and cases. Practical laboratories. Practical lesson. Group dynamics and activities.	41,00	1,64
EVALUATION: Set of oral and/or written tests used in the evaluation of the student, including the oral presentation of the final degree project.	R6	Resolution of problems and cases.	8,00	0,32
TUTORING: Supervision of learning, evolution. Discussion in small groups. Resolution of problems and cases. Presentation of results before the teacher. Presentation of diagrams and indexes of the proposed works.	R6, R7, R8	Resolution of problems and cases. Discussion in small groups.	4,00	0,16
TOTAL			60,00	2,40



TRAINING ACTIVITIES OF AUTONOMOUS WORK

ACTIVITY	RELATIONSHIP WITH THE COURSE LEARNING OUTCOMES	METHODOLOGY	HOURS	ECTS
GROUP WORK: Problem solving. Preparation of exercises, memoirs, to present or deliver in classes and/or in tutoring.	R6, R7, R8	Resolution of problems and cases. Group dynamics and activities.	50,00	2,00
SELF-EMPLOYED WORK: Study, Individual preparation of exercises, assignments, reports, to present or deliver in classes and/or in tutoring. Activities in platform or other virtual spaces.	R6, R7, R8	Resolution of problems and cases.	40,00	1,60
TOTAL			90,00	3,60



Description of contents

Descripción de contenidos necesarios para la adquisición de los resultados de aprendizaje.

Theoretical content:

Block of content	Contents
1 Theoretical framework of Body Expression	1 Theoretical framework of Body Expression
2 Body Expression as a content in the curricular area in PE	2 Body Expression as a content in the curricular area in PE
3 Body Language	3 Body Language
4 The body: Body image	4 The body: Body image
5 The dramatization	5 The dramatization
6 Resources for Body Expression	6 Resources for Body Expression
7 Different Manifestations of Body Expression	7 Different Manifestations of Body Expression



Temporary organization of learning:

Block of content	Sessions	Hours
1 Theoretical framework of Body Expression	2	4,00
2 Body Expression as a content in the curricular area in PE	2	4,00
3 Body Language	5	10,00
4 The body: Body image	5	10,00
5 The dramatization	5	10,00
6 Resources for Body Expression	5	10,00
7 Different Manifestations of Body Expression	6	12,00



References

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- Alfonso, J. (1984): "Expresión y Creatividad Corporal". Editorial Grup Dissabte.
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